Your personal and business bio

Copy one prompt. Fill the brackets with facts you have verified. Leave anything unknown blank; review every sentence before publishing.

01 / A personal bio

Write a warm first-person bio of 80-100 words using only these facts: name [ ]; current role [ ]; verified license or credential [ ]; people I serve [ ]; why I chose this work [ ]; one value [ ]. Make it sound like something I would say. Do not invent experience, credentials, awards, client stories or results. Leave out blank facts and list anything I should confirm. Avoid superlatives and promises about insurance outcomes. Do not include contact or client data.

02 / A business bio

Write a 70-90 word third-person business bio from these facts: business name [ ]; what the business does [ ]; intended audience [ ]; verified service area [ ]; service approach [ ]. Explain whom we help and what working with us is like. Use only supplied facts; do not imply we offer every plan, guarantee savings or have government endorsement. Do not invent dates, team size or performance claims. Leave out blanks and flag claims needing review. Use no member or client details.

Your About page and introduction

A useful draft sounds like you and can be supported by facts. These prompts do not approve copy for advertising or insurance marketing.

03 / An About Me page

Draft a 150-word About Me page with a short opening, my approach and an invitation to learn more. Facts: name [ ]; verified role/license [ ]; audience [ ]; reason for the work [ ]; two values [ ]; approved next step [ ]. Use plain language and first person. Use only the facts supplied. Leave blank items out and list questions separately. Do not invent a personal story, credentials, testimonials, plan details or results. Include no private member or client information.

04 / A 30-second introduction

Write a spoken introduction of 45-60 words from: name [ ]; role [ ]; whom I help [ ]; the question or need I help them work through [ ]; where I am introducing myself [ ]. Give me one natural version and one shorter version. Keep the language easy to say aloud. Use only these facts. Do not invent qualifications, use sales pressure or promise coverage or savings. Finish with a simple conversation opener, not a pitch for a particular plan.

Your speaker blurb and short profile

Before posting: check your name, role, dates and current credentials; read the draft aloud; obtain any required agency or carrier review.

05 / A speaker or event blurb

Write a 60-80 word third-person introduction for an event host. Facts: name [ ]; current role [ ]; verified qualification relevant to the topic [ ]; session topic [ ]; what participants will practice or learn [ ]. Keep it factual and easy to read aloud. Do not invent awards, appearances, experience or audience results. If no qualification is supplied, use the role only. Do not add a sales offer, member data, client story or insurance-plan claim.

06 / A short professional profile

Give me a 25-word profile and a 50-word version using: name [ ]; current role [ ]; intended audience [ ]; service approach [ ]; platform [ ]. Keep the meaning consistent between versions. Use only supplied facts. Avoid buzzwords, unsupported rankings, promises and invented credentials. Leave blanks out and identify anything I should check before publishing. Do not include personal contact details or member/client information. Use 'licensed insurance agent' only if I supplied and verified that status.